

FREE SUPPORT GROUP

Integrating care with your wellness in mind.

TIME: First Monday of every month, 5:30pm

LOCATION: Ready Nest Counseling

2021 21st Ave S, Suite 410, Nashville, TN 37212

FIRST MONDAY OF THE MONTH

HEALING FROM LOSS:

Love and grief are difficult to hold at the same time. Everyone experiences loss differently as individuals, and this tender season of healing requires a safe space to share and grow together.

This group is for those who have experienced infertility, miscarriage, or infant loss.

Learn coping skills and remind your heart that you are not alone.

Turn onto Bernard Avenue from 21st and you'll see the big brick historical building. You can park in any unmarked spot around the building or in the parking lot in front.

Enter at the RAMP ENTRANCE (to the right of the main entrance) and take the elevator straight up to the 4th floor. When you exit the elevator, take a right, and you'll see our sign, Suite 410.

